

COVID-19 symptoms include but are not limited to a fever of 100.4 or higher, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, sore throat, congestion or runny nose, nausea, vomiting, diarrhea, or new loss of taste/smell.

Student or Staff with:	Action (Long Beach Health Department COVID-19 Flowchart)	Communication & Follow-up
<p>1. Symptoms consistent with COVID-19</p>	<p>Any student or staff member with symptoms consistent with COVID-19 are to stay home and not go to school or work, notify the school site and begin isolation protocols.</p> <ul style="list-style-type: none"> ● Recommend testing (If positive, see # 3, if negative, see # 4) <ul style="list-style-type: none"> ○ You can go to your primary care doctor/clinic OR ○ Long Beach sites ○ Los Angeles County sites <p>Any student or staff member who test negative for COVID-19 may return to school/work 24 hours after symptoms resolve. Staff/students may also be cleared by a doctor to return to work/school.</p> <p>Staff are directed to contact their site administrator if they have COVID type symptoms or receive a positive COVID test result (The administrator will in turn contact the district designee).</p> <p>Students who screen positive at entry or who report any COVID-19 symptoms at any point during the school day are given a surgical mask and accompanied to a preselected isolation space where they can remain while arrangements are made for their return home and will be instructed to begin isolation protocols.</p> <ul style="list-style-type: none"> ● Recommend testing (If positive, see # 3, if negative, see # 4) <p>If you are sick and think you have COVID-19</p> <ul style="list-style-type: none"> ● Stay home until after: <ul style="list-style-type: none"> ○ At least 10 days have passed since symptoms first appeared, AND ○ At least 24 hours have passed with no fever (without the use of a fever-reducing medication), AND ○ Other symptoms have improved. 	<ul style="list-style-type: none"> ● Any student(s), staff or visitors who have screened positive are instructed to return home to self-isolate as required by Health Officer Order of July 23, 2020, until such time as it has been determined that the individual screening positive for COVID-19 symptoms is negative for COVID-19. ● Notify the COVID-19 School Compliance Task Force at your site (Administrator, School Nurse, etc) for follow-up on the case(s).

Procedure for Ill Students & Staff (cont.)

	<p><u>If you tested positive for COVID-19 but do not have symptoms</u></p> <ul style="list-style-type: none"> ● Stay home until after <ul style="list-style-type: none"> ○ 10 days have passed since your positive test, BUT ○ If you develop symptoms, you need to follow the instructions above. 	
<p>2. Close contact (*) with a confirmed COVID-19 case</p>	<p>Any student or staff member with exposure to (close contact with) someone who has a confirmed COVID-19 infection will be sent home (or notified) and given quarantine protocols.</p> <ul style="list-style-type: none"> ● Recommend testing (but will not shorten 14- day quarantine) <p>(*) A “close contact” is any of the following people who were exposed to an “infected person” while they were infectious:</p> <ul style="list-style-type: none"> ● Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated. ● An individual who had unprotected contact with the infected person’s body fluids and/or secretions (for example, being coughed or sneezed on, sharing utensils or saliva, or providing care without wearing appropriate protective equipment). <p>An “infected person” is anyone with COVID-19, or who is suspected to have COVID-19 , and is considered to be infectious from 48 hours before their symptoms first appeared until they are no longer required to be isolated. A person with a positive COVID-19 test but no symptoms is considered to be infectious from 48 hours before their test was taken until 10 days after their test.</p> <p><u>Quarantine is for 14 days</u> from when you last had close contact with the infectious person. If you don’t know when you were infected then your last day of quarantine is 14 days from the date you were notified.</p> <p>If you continue to live with or care for the infected person, the amount of time you have to quarantine depends on the type of contact you have - find the situation that is most like yours in the section “How do I calculate the end date of my quarantine period’.</p>	<ul style="list-style-type: none"> ● <u>LB Health Department COVID-19 Exposure Management Plan</u> ● Students and employees that are identified to have an exposure to a case are notified by the School Compliance Task Force through a letter or other communication strategies (e.g. telephone, text, robo-calls). See the COVID-19 Template Notification Letters for Education Settings. ● Notify the COVID-19 School Compliance Task Force at your site (Administrator, School Nurse, etc) for follow-up on the case(s).

Procedure for Ill Students & Staff (cont.)

<p>3. Confirmed COVID-19 case infection</p>	<p>Any student or staff member with a confirmed (positive) COVID-19 case will be isolated and excluded from school/work for 10 days from symptom onset or test date.</p> <ul style="list-style-type: none"> • For students, complete a COVID-19 Exposure Investigation Worksheet for Education Sector • For Staff, complete an LBUSD Confirmed Case Report • Notify the school site COVID-19 Compliance Task Force for follow-up and for completion of a “Contact List” (instead of contacting the LB Health Dept. for 1 or 2 cases). • Identify contacts (*), quarantine & exclude for 14 days after the last date the case was present at school while infectious • Recommend testing of contacts, prioritize symptomatic contacts (but will not shorten 14-day quarantine) • Disinfection and cleaning of classroom and primary spaces where case spent a significant time 	<ul style="list-style-type: none"> • <u>LB Health Department COVID-19 Exposure Management Plan</u> • Students and employees that are identified to have an exposure to the case are notified by the School Compliance Task Force through a letter or other communication strategies (e.g. telephone, text, robo-calls). See the <u>COVID-19 Template Notification Letters for Education Settings or the google document.</u> • Notify the COVID-19 School Compliance Task Force at your site (Administrator, School Nurse, etc) for follow-up on the case(s).
<p>4. Tests negative after symptoms</p>	<p>Any student or staff member who had symptoms similar to those of COVID-19 but test negative for COVID-19 may return to school/work 24 hours after symptoms resolve.</p>	<ul style="list-style-type: none"> • Consider school community notification if prior awareness of testing
<p>Exposure Management for 1 COVID-19 Case at School</p> <p>LB Health Department COVID Exposure Management Plan</p>	<ol style="list-style-type: none"> 1. School receives notification of 1 confirmed case at school. 2. Required: School requests that case follow Home Isolation Instructions for COVID-19. 3. Required: School informs the case (student/staff) that the Department of Public Health (DPH) will contact the case to collect additional information and issue a Health Officer Order for self-isolation. 4. Required: School works with case to determine contacts that were exposed to the case at school while infectious. 5. Required: School notifies contacts of school exposure, requests contacts to follow instructions for self-quarantine and test for COVID-19. 6. Required: School informs contacts that DPH will follow up to collect additional information and issue a Health Officer Order for self-quarantine. 7. Required: School provides DPH with names and contact information for case and identified school contacts. 8. Recommended: School can send a general notification to inform the wider school community (recipients determined by school) of the exposure and precautions taken to prevent spread. 	

Procedure for Ill Students & Staff (cont.)

<p>Exposure Management for 2 COVID-19 Cases at School within a 14-day Period</p>	<ol style="list-style-type: none"> 1. Required: <u>Follow steps for 1 confirmed case</u> 2. Recommended: If cases occurred within 14 days of each other, school determines whether epidemiological links exist (cases present in the same setting during the same time period while infectious). <p>***If epidemiological links <u>do not</u> exist: continue with routine exposure monitoring.</p> <p>***If epidemiological links <u>do</u> exist: School reinforces messages to students and employees on precautions taken to prevent spread; implement site-specific interventions, as needed, to reduce transmission.</p>
<p>Exposure Management for 3 (or more) COVID-19 Cases at School within a 14-day Period</p>	<ol style="list-style-type: none"> 1. Required: If a cluster of 3 or more cases occurred within 14 days of each other, the school notifies the Long Beach Health Department at 562-570-4302 or after hours call 562-500-5537. 2. Recommended: Prior to notifying the Long Beach Health Department of the cluster, school assesses whether an epidemiological link exists for the cases. If an epidemiological link does NOT exist, continue with routine monitoring. 3. Required: LB Health Department requests that the COVID-19 Case and Contact Line List for the Educational Sector be completed by the school to determine if outbreak criteria have been met. The LB Health Department will contact the school within 1 business day to advise on next steps. <p>***If outbreak criteria are not <u>met</u>: School continues with routine exposure monitoring.</p> <p>***If outbreak criteria <u>met</u>: Department of Health Outbreak Management Branch (OMB) activated.</p> <ol style="list-style-type: none"> 4. Required: During the outbreak investigation, school provides updates to OMB investigator until the outbreak is resolved (at least 14 days since last confirmed case).
<p>References</p>	<p>Long Beach Reopening Protocols for K-12 Schools</p> <p>County of Los Angeles Department of Public Health Order of the Health Officer: Reopening Protocols for K-12 Schools.</p> <p>County of Los Angeles Department of Public Health Order of the Health Officer: Protocol for COVID-19 Exposure Management Plan in K-12 Schools.</p> <p>California Department of Public Health: COVID-19 and Reopening In-Person Learning Framework for K-12 Schools in California, 2020-2021 School Year.</p> <p>California Department of Public Health: COVID-19 Industry Guidance: Schools and School-Based Programs.</p> <ul style="list-style-type: none"> ● Exposure Management Plan Flow Chart ● COVID-19 “Now What” Flow Chart ● Resources for Long Beach Schools

*****Updates are highlighted**