



## Teachers Association of Long Beach, CTA/NEA

4362 ATLANTIC AVENUE • LONG BEACH, CALIFORNIA 90807-2818

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Web Site: [www.talb.org](http://www.talb.org)

# ***UPDATE***

September 25, 2009

## **HEALTH BENEFITS OPEN ENROLLMENT**

November is open enrollment time for health benefits. This is the time of year when you can elect to make changes in your health benefits (e.g., change medical or dental plans, add or remove dependents). Changes are effective from January 1 through December 31<sup>st</sup>, 2010. Remember, if you want to keep your current plans in place you don't have to do anything. Look for more information from the District in the coming weeks. If you have questions about the process you can go to [www.benefitenroll.com](http://www.benefitenroll.com) or call the Employee Service Center at 866-844-9744.

Also, mark your calendar and consider dropping by the annual HEALTH FAIR on November 6<sup>th</sup>, from 11am to 5pm, at the Long Beach School for Adults – Auditorium (3701 E. Willow). It is a great place to get your questions answered. All of the health plans will be represented. The fair also includes body mass index testing, blood pressure tests, and other health screenings – all free of charge. Last year, over 850 LBUSD employees and retirees attended.

**CAN A FEW HOURS SAVE A FEW HUNDRED JOBS?**

**CAN A FEW HOURS PROTECT OUR SALARIES?**

**CAN A FEW HOURS PROTECT OUR BENEFITS?**

Find out more about Measure T – the PARCEL TAX – that will be considered by voters on November 3<sup>rd</sup>. Get the facts and find out how you can get involved...if TALB members each volunteer just a few hours, the answers might just be YES!

**GO TO [WWW.TALB.ORG](http://WWW.TALB.ORG) TO FIND OUT MORE AND TO VOLUNTEER**

# **STAND-UP FOR JUSTICE**

## **A PRESENTATION ON MANZANAR**

All TALB members are invited to come experience an afternoon of history by joining us for an intriguing look at Manzanar. Find out how American citizens were held and how their lives and our country were forever changed.

**Monday, October 26, 2009**  
**4:30PM – 6:00PM**  
**TALB Office (4362 Atlantic Ave.)**

Participants will receive complete curriculum which includes standards based lessons. The curriculum is appropriate for secondary level.

Contact Vonnie at the TALB office to RSVP (562-426-6433 or [vmarino@talb.org](mailto:vmarino@talb.org)) to RSVP by Monday, October 19.

### **UPCOMING SITE VISITS**

(all visits are at lunch unless otherwise noted)

Edison	October 1
Bixby	October 2
Cabrillo	October 6
Grant	October 7
Harte	October 8
Poly	October 12
Jordan	October 14
Lee	October 16
Hughes	October 19
Lincoln	October 20
Powell	October 21
Robinson	October 22

**FOR MORE INFORMATION CALL 562-426-6433 OR GO TO [WWW.TALB.ORG](http://WWW.TALB.ORG)**